

Sandy Matthew Krohn, Psy.D
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EDUCATION

September 2004 – May 2009

Doctor of Psychology
Ferkauf Graduate School of Psychology
Bronx, New York
APA Accredited Program
GPA: 3.93/4.0

September 2003 – May 2004

Psy.D. Candidate, Clinical Psychology
Illinois School of Professional Psychology
Chicago, Illinois
APA Accredited Program
GPA: 3.88/4.0

September 1998 – May 2002

Bachelor of Arts in Psychology
The University of Wisconsin
Madison, Wisconsin
Cumulative GPA: 3.125/4.0 Major GPA: 3.375/4.0

December 2000 – April 2000

Semester Abroad
The American University of Rome
Rome, Italy
GPA: 4.0/4.0

CLINICAL EXPERIENCE

Fall 2010 – Present

Senior Psychologist
Hopkins Center for Rehabilitation and Healthcare
Brooklyn, New York

Conduct individual psychotherapy, diagnostic interviews, psychological assessments, and family therapy in a short-term rehabilitation and nursing home facility; work as part of an interdisciplinary treatment team that includes geriatricians, psychiatrists, social workers, nutritionists, nurses, physical and occupational therapists; meet weekly with over 30 patients ranging from young adults who have suffered traumatic brain injuries or carry cancer diagnoses (post-surgery and/or with metastatic cancer) and middle aged adults requiring short-term rehabilitation, to older adults requiring long-term care; attend weekly team meetings to discuss treatment planning and patient care; provide weekly supervision to postgraduate psychologists, discussing cases and reviewing topics in geropsychology.

Spring 2011 – Present

Consulting Psychologist
The Hallmark of Battery Park City Wellness Center

Manhattan, New York

Provide psychotherapy to older adults living in an independent living facility in downtown Manhattan; work as part of an interdisciplinary team that includes a geriatrician, a geriatric nurse, a physical and occupational therapist, a psychiatrist and cardiologist; work with clients within a broad range of functional status: from completely independent to terminally ill (on palliative or hospice care). This includes a high amount of clients with cancer diagnoses; meet and work with families to provide therapy as well as help them to cope with changes associated with aging, illness, and functional decline.

Fall 2010 – Spring 2014

Psychologist
Behavioral Associates
Manhattan, New York

Provide cognitive behavioral therapy to individual clients in a group private practice; work with clients presenting with a range of psychiatric diagnoses including: adjustment disorders, mood disorders, post-traumatic stress disorder, substance abuse disorders, generalized anxiety, phobias, and obsessive compulsive disorder; conduct a variety of therapeutic interventions including motivational interviewing, cognitive restructuring, exposure therapy, biofeedback, and virtual reality; attend weekly didactic seminars and supervise trainees.

Fall 2009 – Fall 2010

Psychologist
Oceanview Nursing and Rehabilitation Center
Queens, New York

Conducted individual psychotherapy with geriatric residents requiring long-term nursing care as well as middle aged adults in need of sub-acute and short-term rehabilitation care; conducted diagnostic interviews with new patients; worked as part of an interdisciplinary treatment team; attended weekly team meetings to discuss patient treatment and care; received once weekly group supervision as well as once weekly individual supervision.

Fall 2008 – Fall 2009

Psychology Intern
North Central Bronx Hospital
Bronx, New York

Interviewed, assessed, and triaged children and adolescents with acute psychiatric disorders in the pediatric emergency room; interviewed, assessed, and triaged adult psychiatric patients in the adult psychiatric emergency room; worked as a consultation liaison on medical units; worked on an adult inpatient psychiatric ward, as well as a geriatric inpatient psychiatric ward, where my duties included working as part of an interdisciplinary treatment team, interviewing patients when they were admitted to the unit, serving as the primary therapist for 5 individual cases and presenting these cases in treatment team meetings, running psychotherapy groups and community meetings, conducting family therapy sessions with patient's families; attended and presented at weekly grand rounds, case conferences, and clinical seminars; received individual, group, and testing supervision; supervised externs on psychotherapy cases; met with patients for long-term psychotherapy in the behavioral health outpatient clinic.

Fall 2004 – Summer 2008

Student Therapist

***The Max and Celia Parnes Family Psychological and
Psychoeducational Services Clinic
Bronx, New York***

Conducted long-term dynamically oriented individual psychotherapy with predominantly higher-functioning adults; completed comprehensive intake assessments providing diagnosis and treatment recommendations; received once a week individual supervision, presented case formulations, reviewed process notes, and discussed therapy cases; participated in once a week group supervision; wrote up comprehensive summary reports and case formulations on individual therapy patients.

Fall 2006 – Summer 2007

***Psychology Extern
Manhattan Psychiatric Center
Wards Island, New York***

Conducted long-term individual psychotherapy with chronically mentally ill patients; completed cognitive, neuropsychological, and personality assessments; conducted and wrote up psychological intakes; co-facilitated a Cognitive Remediation research group. Met weekly with clinicians from various disciplines to discuss the progress of groups and research findings; co-facilitated a Cognitive Skills group. Met with a staff psychologist to discuss group process; received individual, group, and testing supervision. Additionally, met with ward supervisor daily to discuss clinical cases; presented clinical material in multidisciplinary treatment team meetings; met with patient's family members to discuss patient progress and means of supporting patient once discharged from inpatient care; attended weekly grand rounds, case conferences, and forensic seminars.

Fall 2005 – Spring 2006

***Psychology Extern
John Jay College of Criminal Justice
New York, New York***

Conducted individual psychotherapy with patients from a variety of socioeconomic, cultural, and ethnic backgrounds; provided academic counseling; completed weekly progress reports on individual therapy cases; received individual, group, and testing supervision; completed cognitive and personality assessments; co-facilitated a stress-management group; organized an event which screened students for mood and anxiety disorders, as well as post-traumatic stress disorder.

Summer 2002

***Psychology Intern
Psychiatric Institute of Washington
Washington, D.C.***

Interned at a psychiatric hospital for children, adolescents, adults, and seniors, with diagnoses ranging from: bipolar disorder, schizophrenia, depression, and a variety of personality disorders, to individuals in detoxification, and older adults not yet placed in long-term care; participated and assisted therapists in group therapy sessions with children, adolescents, and adults; observed and participated in patient progress meetings conducted by staff psychiatrists; attended patient intake interviews; aided a staff psychiatrist in counseling and evaluating patients; completed daily progress reports.

RELATED EXPERIENCE

May 2008 – August 2008

***Shadow Aide
New York, New York***

Shadowed an 8-year-old boy with autism as part of an exercise intervention program aimed at reducing stereotypic behaviors and improving mental and physical health; worked with child in both a classroom and individual setting, practicing and engaging in physical activity and exercise; worked with child's family and school staff to design and implement exercise programs and teach them to other staff.

Fall 2007 – Fall 2008

Independent Evaluator

*New York State Psychiatric Institute – Columbia University –
Division of Child & Adolescent Psychiatry*

New York, New York

Supervisor: Colleen Jacobson, Ph.D.; Meredith Gunlicks, Ph.D.

Conducted psychological evaluations and wrote up comprehensive reports for a number of clinical trials; evaluations included diagnostic interviews such as the KSADS-PL, cognitive assessments such as the WISC-III, symptom checklists such as the CDRS, and self-harm assessment scales; participated in individual and group supervision.

May 2005 – August 2006

Shadow Aide

New York, New York

Shadowed and mentored two male children with cognitive impairments and behavioral disabilities; supervised and observed children at summer camp; worked with camp and school faculty to design and implement interventions; met with family members to discuss childrens' progress and behaviors.

October 2004 – May 2005

Weight Coach

Teenways Project

Bronx, New York

Supervisor: Sonia Suchday, Ph.D.

Conducted once weekly therapy phone sessions with an adolescent boy; formulated and discussed behavioral interventions with patient aimed at living a healthier lifestyle; constructed exercise and dietary plans; discussed biological, social, and psychological issues that were contributing to weight maintenance; spoke with family members to provide support.

RESEARCH EXPERIENCE

May 2006 – Present

Primary Investigator: Doctoral Dissertation (Defended 4/09)

Einstein Aging Study

Bronx, New York

Supervisors: Richard Zweig, Ph.D.; Joe Verghese, M.D., M.S.

Doctoral dissertation examining physical activity and its relationship to physical and psychological well-being in older adults; worked with researchers at the Einstein Aging Study to develop and validate a physical activity measure to be used in older adult populations; analyzed data collected by study to examine the physical and psychological outcomes of physical activity; currently working with researchers at the Einstein Aging Study to publish results in peer-reviewed journal.

September 2006 – May 2007

Research Assistant
Manhattan Psychiatric Center
Wards Island, New York
Supervisor: Lisa Hoffman, Ph.D.

Assisted in conducting a study examining the efficacy of a computerized cognitive remediation program designed to improve neurocognitive (attention, memory and organization) functioning in schizophrenics; co-facilitated both a treatment and control group; met weekly with a research team to discuss findings and interpret results.

January 2004 – May 2005

Research Assistant
XVIII International Congress of Rorschach and Projective Methods
Washington D.C.; Barcelona, Spain
Supervisor: Richard Kramer, Psy.D.

Acquired Adolf Eichmann's original Rorschach, TAT, and Bender-Gestalt from the Library of Congress; analyzed Eichmann's Rorschach and TAT responses for signs of psychopathology; coauthored a paper refuting the banality of Adolf Eichmann based on his performance on projective measures.

June 2002 – August 2002

Research Assistant
Psychiatric Institute of Washington
Washington, D.C.
Supervisor: LaWanna Hinson

Assisted in a study examining the effects of a lack of PRN Nurses on patient care and staff satisfaction; interviewed hospital staff as a way to acquire data; presented research to members of Joint Commission who were evaluating the hospital.

September 2001 – May 2002

Research Assistant
Intrinsic Motivation Research Project
Madison, W.I.
Supervisor: Judith Harackiewicz, Ph.D.

Conducted research on intrinsic versus extrinsic motivation in the classroom setting; ran and conducted assessments on participants; assisted in choosing parameters for the study; entered data into SPSS format; analyzed data.

September 2001 – December 2001

Primary Investigator
Independent Research Project: University of Wisconsin
Madison, W.I.

Pioneered a research project studying the fundamental attribution error, which is the tendency for observers to underestimate situational influences and overestimate dispositional influences upon witnessing others' behaviors; designed measures for the study and used them to run subjects; analyzed data; wrote up report on findings.

TEACHING EXPERIENCE

September 2007 – May 2008

Teaching Assistant
Clinical Assessment with Practicum
Ferkauf Graduate School of Psychology
Bronx, New York
Faculty Supervisor: Richard Zweig, Ph.D.

Selected testing batteries to be used by students for scoring and report writing assignments; reviewed students' test reports and provided feedback on scoring and report writing; assisted professor in grading student reports; reviewed test batteries, scoring procedures, and reports with students during scheduled office hours.

PRESENTATIONS

Krohn, S., Zweig, R., Katz, M., Lipton, R., Verghese, J. "*Self-Reported Physical Activity and Its Relationship to Physical and Psychological Well-Being in Older Adults.*" Poster presented at the American Psychological Association Convention, Washington D.C., August, 2011

Krohn, S., Zweig, R. "*Exercise Treatment for Depression in Older Adults.*" Poster presented at the Yeshiva University Behavioral Sciences Student Research Conference, Bronx, New York, May, 2007

SCHOLARSHIPS & AWARDS

2008 – 2009

Morton Berger Award for Excellence in Research, Yeshiva University

2006 – 2007

Harry and Ana Schwartz Scholarship, Yeshiva University